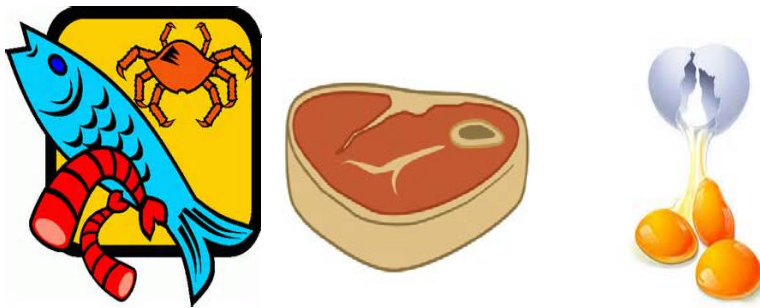


Proper Cooking Temperatures



Vegetables, Precooked Foods,
Commercial Processed Ready-
to-Eat Foods

135°F



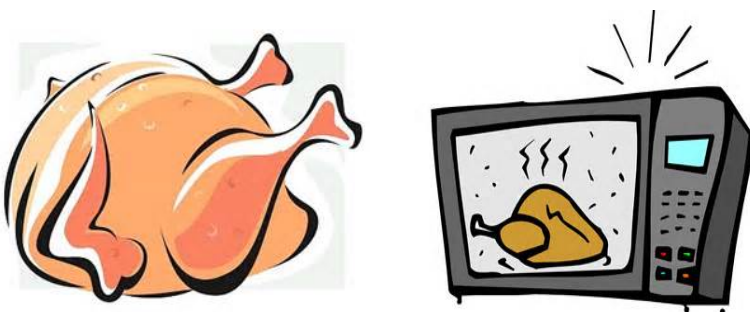
In Shell Eggs, Fish, Shellfish,
Whole Beef, Whole Pork, Whole
Lamb

145°F



Ground Beef, Ground Pork, All
Ground Meat

155°F



Poultry, Stuffed Foods, Reheated
Leftovers, Microwaved Foods,
Mixed Foods (stews, casseroles)

165°F